

YOUR COMMUNITY NEWS



The Frimley Park Hospital IBD Patient Support Group gives people suffering an array of IBD symptoms the opportunity to meet others in an informal atmosphere to ensure they know they are not alone

Festive cheers for patient group's growing popularity

BELOW freezing temperatures did not stop the largest number ever attending the latest meeting of the Frimley Park Hospital IBD Patient Support Group last Wednesday.

Twelve new members joined a record attendance of 45 at Farnborough Rugby Club, and this time the group ran out of chairs and had to quickly find some more.

The hospital's IBD team, Jayne Liford, Arlyn Malanta and Vonn Karlo Calonzo were there too, to give their support and chat to everyone.

Lead IBD nurse Jayne started by giving an update on an IBD AGM held at the hospital the previous day. A new concept, it brought together all consultants, nursing

staff and other specialists involved in IBD care. The aim was to streamline all the procedures for diagnosis and treatment throughout the three hospitals in the Trust - Frimley Park, Wexham Park and Heatherwood.

Then it was quiz time - and there were no questions about IBD.

Jayne got everyone all to identify a wide range of entertainers from their photographs - some more recent than others.

It was an excellent idea and it certainly got everyone chatting and working in their teams.

There were 62 photographs altogether so it was quite a challenge. Some were quite easy - Olivia Coleman, Heston Blumenthal and Phil

Spencer - but an early photograph of Caroline Quentin was trickier and, although Rowan Atkinson was recognised, members had to say he was playing Maigret and not Mr Bean.

Group chairman Jane Freebairn said: "It was a very relaxed evening, and the best bit? The person who said on leaving, 'This was my first meeting. I'm certainly coming again.'"

The patient support group holds four quarterly meeting throughout the year, and the next one will take place in March.

See <https://frimleyibdgroup.co.uk/> or the group's Facebook page for more information.



Last week's fun picture quiz got everyone chatting and working in their teams



Group chairman Jane Freebairn (standing, centre) was delighted with the large turnout